



# PROVIDER ALERT

June 1, 2023

**Alert Summary: This alert is to inform you about the updates to the Day Treatment service description, the Multisystemic Therapy criteria, and removal of special criteria for Extended Psychotherapy (90837).**

Dear Provider,

Consistent with Optum Idaho's efforts to reduce administrative burden the Optum Idaho Supplemental Clinical Criteria is being updated July 1, 2023. The following changes are being made:

- Removal of special criteria for Extended Psychotherapy (90837). This will now fall under Behavioral Health Outpatient like the other therapy codes.
  - This change removes the requirement of specific diagnoses and specific treatment modalities.
  - This change means these codes will now be treated like other therapy codes (e.g., 90832, 90834).
- Under Day Treatment updating community based to strengths based.
- Under Intensive Home and Community Based updating Multisystemic therapy criteria to be consistent with the criteria outlined by the training and certifying body.

The updated Optum Idaho Supplemental Clinical Criteria has been posted on the website for review and will be effective on July 1, 2023.

Any questions can be directed to your regional provider relations advocate.

Thank you,

The Optum Idaho Team